

Anna Rodney

CERTIFIED CHILDBIRTH
INTERNATIONAL BIRTH DOULA



Anna Rodney is a nationally recognized leader in the perinatal field and the founder of Chicago Family Doulas and Birth & Baby University. With a mission to ensure that every family feels supported, informed, and empowered through pregnancy, birth, and postpartum, Anna has built trusted organizations that serve thousands of families.

Through Birth & Baby University, Anna provides comprehensive doula and perinatal professional trainings designed to raise the standards of care and professionalism in the field. Her programs prepare doulas not only with evidence-based knowledge, but also with the skills to compassionately support families in every stage of the perinatal journey.

As a mentor, educator, and advocate, Anna works to strengthen collaboration between doulas, families, and medical providers ensuring better outcomes and more positive experiences. Her passion for elevating the doula profession has made her a respected voice in maternal health both locally and nationally.

Neika Christalin

MPH



Neika Christalin is a doula, public health researcher, nutrition educator, and multidisciplinary artist committed to advancing maternal and reproductive health equity. She earned her Master of Public Health in Population Health Promotion and currently contributes to a manuscript exploring the relationship between maternal stress and autism outcomes. As a training manager and educator, Neika has developed and led community-based doula trainings and facilitated workshops on reproductive health, nutrition, and holistic care for diverse communities. Through both her public health research and her creative practice, she uplifts culturally rooted approaches to healing, resilience, and maternal wellness—ensuring families are empowered with knowledge, support, and advocacy throughout their reproductive journeys.

Jill White

YPT COORDINATOR



Jill White has served as the Coordinator for Young Parents Together for over ten years, supporting teen parents with access to education and essential resources. She also partners with local schools to connect students to YPT and other teen-friendly services. Before Jill's role with Together For Youth, she was a home visitor and a prevention and sexual assault advocate

Audri Lu-Uhlken</

Nigel Branch

